

Term 3 2023

Weekly Meal Planner

Week 5 - 2nd to 6th October

DAY	FOOD	SAUCE	FRUIT/VEG
MONDAY	Spaghetti	Minced Meat	Pineapples
TUESDAY	Rice	Beans	
WEDNESDAY	Irish potatoes		Watermelon
THURSDAY	Posho	Peas	Greens
FRIDAY	Rice(Pilau)	Cabbages	Banana
NOTE	Meals are prepared for the best of each child, however, adjustments are done according to availability of products on the market.		

Plot 334 Gaba Rd
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Call or text +256 773 001 463

Term 3 2023

Weekly Meal Planner

Week 6 - 9th to 13th October

DAY	FOOD	SAUCE	FRUIT/VEG
MONDAY	Spaghetti	Cabbages	Watermelon
TUESDAY	Rice	Beef	
WEDNESDAY	Irish potatoes		Pineapple
THURSDAY	Matooke	Gnuts	
FRIDAY	Posho	Beans	Oranges

NOTE

Meals are prepared for the best of each child, however, adjustments are done according to availability of products on the market.

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